

**Welcome**  
**Members and Guests**  
**to the meeting**  
**of the**  
**Rotary Club of Placentia**

*March*



*Wedding Anniversaries*

3/6 *Craig Hall & Carrie Buck*  
 3/17 *Lisa Pacheco & Jeff Reinitz*



*Birthdays*

3/13 *Kathie Amero*  
 3/13 *Robert Gabler*  
 3/19 *Lee Castner*

Today's Program:

**Club Assembly**

\*\*\* Upcoming Programs \*\*\*

Mar 8 \*dark am\* / Social eve  
 Mar 15 Amy Choi-Won -  
 ROP Education Center  
 Mar 22 Patti Moulton /Kristen Maahs  
 - Kolberg - Alheimers info  
 Mar 29 tbd  
 April 5 Club Assembly  
 April 12 \*dark am\* / Social eve  
 April 19 tbd  
 April 26 tbd  
 May 3 RYLA  
 May 10 \*dark am\* / Social eve  
 June 7 Scholarships (Glenn Baldwin)



*Club Anniversaries*

3/1/1991 *Jim Paddock*  
 3/1/1996 *Glenn Baldwin*  
 3/28/2018 *Andrea Mosqueda*

Upcoming Events

- Sat 3/4 Plac Library Author's Luncheon
- 3/4 - 3/5 e-Waste Recycle event
- Weds eves Placentia Citizens Academy  
3/8 to 4/26
- 3/10 & 3/11 2<sup>nd</sup> Harvest Food Bank event
- Sat 3/11 District Training Assembly
- Sat 3/18 33<sup>rd</sup> Annl Peace Conference
- Tues 3/21 Leadership Forum
- Sat 4/1 Easter Eggcitement
- Sat 4/8 End Polio Now District Chili Cookoff
- Sat 4/15 9<sup>th</sup> Corazon House-Build
- Sat 4/15 City Shredding & e-Waste event
- Tues 4/18 President's Social
- 4/18 – 4/23 RYLA
- Sat 4/22 Love Placentia – hygiene kits
- 5/5 – 5/7 District Conference @ Newport Bch
- 5/14 / 5/28 Rotary Culture Exchange
- 5/27 – 5/31 RI Convention @Melbourne

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**Club & Community News**

*The City is taking the lead on both Easter Eggcitement (on Saturday 4/1) and Love Placentia (on Saturday 4/22), both of which we plan to participate. For Easter Eggcitement, we typically have a hot dog lunch available; for Love Placentia, we will be assembling hygiene kits. Watch for further details.*

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**District News**

The District Training Assembly on Saturday 3/11 is a great opportunity to learn more about various roles and programs of Rotary at the Club and District-levels AND a chance to hear about projects and ideas from other clubs. Registration is on the District website.

Please let Alice know if you are interested in attending the Leadership Forum on 3/21 in or the Presidents Social (Tuesday 4/18).

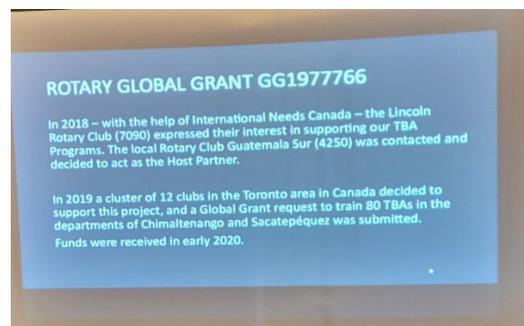
Last Week's Program

**Ingrid Figueroa - Survive & Thrive  
Changing the Future in Rural Guatemala**

Ingrid was a chemical engineer for over 10 years, then found herself searching for personal growth, eventually turning her focus to quality of life and health concerns in the land of her birth, Guatemala, particularly neo-natal and perinatal issues.



Guatemala has one of the highest fertility and infant mortality rates, with most infants dying in the first 4 months of life. Surviving infancy, the child then faces malnutrition, with 4 of 10 suffering. 49% of births are under traditional birth attendants (TBAs), who are typically poorly-trained and with little education. Hospitals and clinics are in the city, not in the rural areas, which are usually inhabited by indigenous peoples, speaking one of 22 Mayan languages - not Spanish - with low literacy.



In 1982, Rotary helped establish an ICU for the Neo-Natal/Perinatal Association of Guatemala. In 2020-22, Ingrid received a Rotary Global Grant (partnered with NY area

clubs) to train TBAs in sanitation and to provide equipment, in their own language and with demonstrations not just lectures. The equipment provided includes masks, gloves, stainless steel items, scales for determining the birth weights, etc.

These steps have helped to address the infant survival, including prevention of maternal deaths in childbirth. The next steps must address how to help the children to thrive in school, and succeed in life. Funding of the new focus:

- \$1200/year per TBA for continued training
- \$50/year per child for nutrition and education

Education in the city is high, with greater than 75% attendance; in rural Guatemala, less than 45% attend, with a high drop-out rate.

Mental and physical development is negatively impacted by malnutrition. Lack of early stimulation dulls mental development, such that when the child starts kindergarten at age 7, but slow learning leads to pulling the child out of school to work in the fields.

Workshops on nutrition and balancing meals will be held. Joint workshops for parent and child will show how to stimulate minds and help with early childhood development. The approach is similar to California's First 5 program.

Ingrid periodically visits family members in the OC area, who also attended our meeting in support of her presentation.



## March is Rotary Water and Sanitation Month