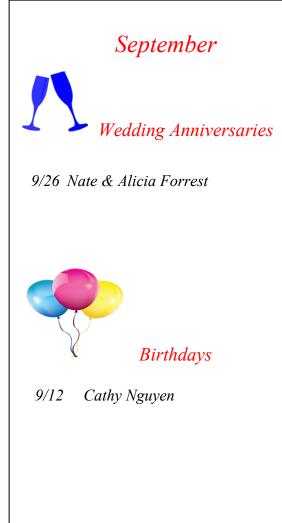
Welcome Members and Guests to the meeting of the Rotary Club of Placentia



Today's Program:

Christine Stellino -HIS-OC

*** Upcoming Programs ***

Sept 6 Sept 13 Sept 20 Sept 27 Oct 4 Oct 11 Oct 18 Oct 25 Nov 1 Nov 8 Nov 15 Nov 22 Nov 29 Dec 6	Club Assembly Lisa Pacheco - Cowabunga *dark* (evening social) Dr Alex Cherniss - PYLUSD Club Assembly Kelley Krahling - Craft Talk *dark* (evening social) tbd Club Assembly -Nominations The Rotary Foundation *dark* (evening social) *dark* (Thanksgiving) Club Elections Club Assembly
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Dec 13	tbd



Club Anniversaries

9/3/2003 9/8/2021 9/12/2001 Kevin Padilla Maverick Shuck Ron White

Upcoming Events

9/1 – 9/3 Sat 9/9	District booth @ Orange St Fair YL Sunrise Patriots & Paws event
Fri 9/15	Rotary "Alumni" Reunion Mixer
Sat 9/16	COWABUNGA
Sun 9/17	Villa Pk Rotary Sept to Remember
Sat 9/23	Coastal Cleanup @ Newport Bch
also	Pizza w/the Police @ Pepz
Th 9/28	State of the City
Mon 10/2	HIS-OC Golf Tournament
Sat 10/14	Heritage Day
also	District Chili Cookoff
Sun 10/15	Orange Rotary Ribfest
Sat 11/4	Fullerton Rotary Uncorked
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Club & Community News

This was our fourth year of providing backpacks to the students of LOT318. We have seen them grow from 51 to 76, to 126, with this year's 112 participants, from one location (Cypress Street) to an additional site (Gomez Center). The 44 students at Gomez, and the 68 at Cypress Street, along with their families, are now ready to head into the new school !



Thank you to those who lent a hand transporting and distributing the heavy backpacks: Ward, TC, Kathi, Glenn, Debye & Bob, and Alice.

Have you signed up for your shift at Cowabunga? And don't forget to purchase your own tickets, as well as have friends, family and neighbors attend! Without a successful Cowabunga, we can't do good in our community or the world!

RI and District News

The District will again sponsor a Rotary outreach booth at the Orange International Street Fair, and is asking for clubs to help man the booth.

Looks like fall is the season for many of our neighboring Rotary clubs to hold their events! Take a look at your calendars, check if you can support them too!

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Last Week's Program

Wanda Leggett -Retirement Coach

Wanda is a retirement planning coach, including but beyond the financial aspect. She asks "what do you want to do? And what do you want to accomplish?"



Your response to these 2 questions allow you to begin planning for retirement. The benefits of planning help you to lay out a direction, freeing up cognitive resources, providing clarity, confidence and commitment, while supporting a growth mindset with flexibilty.

Wanda has an ABC to getting started.. **Awareness** = facts, figures of aging **Balance** = what is meaningful for you, consider your lifestyle and goals, write down your priorities **Choices**



Here are some interesting bits of information she provided regarding approaching retirement: 54% feel mentally-prepared 48% feel socially-prepared 1 in 3 struggle with retirement Life-expectancy is 20 years postretirement Greying divorces, depression, addiction numbers have increased With these in mind, lifespan and health span are increasingl important Another thing of note is that men and women tend to look at retirement differently. Men tend to think of it in terms of rest, relaxation, and recreation. Women, on the other hand, tend to think of retirement as rejuvenation. Hint: Couples need to discuss and plan retirement goals together!

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September is Rotary Basic Education and Literacy Month