

**Welcome**  
**Members and Guests**  
**to the meeting**  
**of the**  
**Rotary Club of Placentia**

*September*



*Wedding Anniversaries*

9/26 Nate & Alicia Forrest



*Birthdays*

9/12 Cathy Nguyen

Today's Program:

**Christine Stellino -**  
HIS-OC

\*\*\* Upcoming Programs \*\*\*

- Sept 6 Club Assembly
- Sept 13 Lisa Pacheco - Cowabunga
- Sept 20 \*dark\* (evening social)
- Sept 27 Dr Alex Cherniss - PYLUSD
- Oct 4 Club Assembly
- Oct 11 Kelley Krahling - Craft Talk
- Oct 18 \*dark\* (evening social)
- Oct 25 tbd
- Nov 1 Club Assembly -Nominations
- Nov 8 The Rotary Foundation
- Nov 15 \*dark\* (evening social)
- Nov 22 \*dark\* (Thanksgiving)
- Nov 29 Club Elections
- Dec 6 Club Assembly
- Dec 13 tbd



*Club Anniversaries*

- 9/3/2003 Kevin Padilla
- 9/8/2021 Maverick Shuck
- 9/12/2001 Ron White

Upcoming Events

- 9/1 – 9/3 District booth @ Orange St Fair
- Sat 9/9 YL Sunrise Patriots & Paws event
- Fri 9/15 Rotary “Alumni” Reunion Mixer
- Sat 9/16 COWABUNGA**
- Sun 9/17 Villa Pk Rotary Sept to Remember
- Sat 9/23 Coastal Cleanup @ Newport Bch  
also Pizza w/the Police @ Pepz
- Th 9/28 State of the City**
- Mon 10/2 HIS-OC Golf Tournament
- Sat 10/14 Heritage Day**
- also District Chili Cookoff
- Sun 10/15 Orange Rotary Ribfest
- Sat 11/4 Fullerton Rotary Uncorked

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**Club & Community News**

*This was our fourth year of providing backpacks to the students of LOT318. We have seen them grow from 51 to 76, to 126, with this year’s 112 participants, from one location (Cypress Street) to an additional site (Gomez Center). The 44 students at Gomez, and the 68 at Cypress Street, along with their families, are now ready to head into the new school !*



*Thank you to those who lent a hand transporting and distributing the heavy backpacks: Ward, TC, Kathi, Glenn, Debye & Bob, and Alice.*

*Have you signed up for your shift at Cowabunga? And don’t forget to purchase your own tickets, as well as have friends, family and neighbors attend! Without a successful Cowabunga, we can’t do good in our community or the world!*

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**RI and District News**

The District will again sponsor a Rotary outreach booth at the Orange International Street Fair, and is asking for clubs to help man the booth.

Looks like fall is the season for many of our neighboring Rotary clubs to hold their events! Take a look at your calendars, check if you can support them too!

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Last Week’s Program

**Wanda Leggett - Retirement Coach**

Wanda is a retirement planning coach, including but beyond the financial aspect. She asks “what do you want to do? And what do you want to accomplish?”



Your response to these 2 questions allow you to begin planning for retirement. The benefits of planning help you to lay out a direction, freeing up cognitive resources, providing clarity, confidence and commitment, while supporting a growth mindset with flexibility.

Wanda has an ABC to getting started..

**Awareness** = facts, figures of aging

**Balance** = what is meaningful for you, consider your lifestyle and goals, write down your priorities

**Choices**



Here are some interesting bits of information she provided regarding approaching retirement:

54% feel mentally-prepared

48% feel socially-prepared

1 in 3 struggle with retirement

Life-expectancy is 20 years post-retirement

Greying divorces, depression, addiction numbers have increased

With these in mind, lifespan and health span are increasingly important

Another thing of note is that men and women tend to look at retirement differently. Men tend to think of it in terms of rest, relaxation, and recreation. Women, on the other hand, tend to think of retirement as rejuvenation. Hint: Couples need to discuss and plan retirement goals together!

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## *September is Rotary Basic Education and Literacy Month*